

# Dr. Shwetha B Rao

M.D (Dermatology, Venereology ,leprosy)



## Synopsis

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A M.D. in Dermatology, Venereology & Leprosy from Father Muller Medical College, Mangalore, I am currently working as a **Specialist Dermatologist** at NMC multispecialty hospital, Ruwi, Muscat, Sultanate of Oman since November 2017. I have previously worked as a **Consultant Dermatologist** at Narayana Multispeciality Hospital, Whitefield, Bangalore for 14 months. I have also worked as a **Resident in Dermatology** for 3 years in Father Muller Medical College, Mangalore.

I am skilled in handling Clinical Dermatology Cases as well as Cosmetology (Lasers, Chemical Peeling, Platelet Rich Plasma, Vitiligo Surgery etc.). I am a 2<sup>nd</sup> rank holder in Post-Graduation (Dermatology, Venereology & Leprosy) studies under Rajiv Gandhi University for the year 2016-2017.

## Contact Details

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Muscat, Sultanate of Oman

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## Skills

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*Medical Dermatology  
Medical Cosmetology  
Chemical peels  
Dermaabrasion*

*Lasers in Dermatology  
Platelet Rich Plasma  
Intralesional injections  
Scar treatment*

*Vitiligo Surgery  
Minor Surgical Dermatology  
Teaching experience  
Organisational skills*

## Experience

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**NMC Multispeciality Hospital, Muscat  
Oman**

**Nov , 2017 – Present**

**Specialist Dermatologist**

**Narayana Multispeciality Hospital and  
Clinic, Bangalore, India**

**Aug , 2016 – Oct, 2017**

**Consultant Dermatologist**

**Department of dermatology , venereology  
and leprosy, FATHER MULLER MEDICAL  
COLLEGE, Mangalore, India**

**Jul , 2013 – Jul , 2016**

**Post Graduate Resident-DERMATOLOGY**

**K.S HEGDE MEDICAL ACADEMY,  
Mangalore, India**

**2010 – 2011**

**Rotatory Internship**

**WORKED UNDER THE MENTORSHIP OF CURRENT IADVL PRESIDENT DR RAMESH BHAT 2013-  
2016**

## Education Details

Course	Year	Institution	Percentage	Class
<b>M.D(Dermatology, Venereology, Leprosy)</b>	2013-2016	Father Muller Medical College, Mangalore	68%	Distinction RGUHS 2 <sup>nd</sup> rank
<b>M.B.B.S &amp; Internship</b>	2006-2012	K.S Hegde Medical Academy , Mangalore	70.05%	Distinction
<b>Class XII</b>	2006	Christ Junior College , Bangalore	93.0%	Distinction
<b>Class X</b>	2004	St. Francis High School , Koramangala, Bangalore	96.80%	Distinction

## Registration Details

- ▶ Registered to **Karnataka Medical Council (K.M.C.)**  
**Registration Number: 94470**

- ▶ Registered to D.G of Private Health establishments  
**Ministry of Health, Sultanate of Oman**  
Registered as: **Specialist Dermatologist**  
**Registration number: 14697**

## Academic Projects

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- ▶ Dissertation - Sensitivity and Resistance pattern of Propionibacterium acnes in acne vulgaris: an in vitro study
- ▶ Research paper on trans-epidermal water loss in eczematous conditions
- ▶ Pilot study on trans-epidermal water loss in diaper dermatitis

## Coursework

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- ▶ Medical management and **chemical peels** for pigmentary disorders
- ▶ Experienced in handling **lasers** (IPL , Nd Yag lasers , Erbium Yag laser )
- ▶ Experienced at doing **vitiligo surgery** including non-cultured keratinocyte melanocyte transfer
- ▶ One month of **internship in plastic surgery** – for minor excisions and skin grafting
- ▶ Experienced in handling and preparation of **Platelet Rich Plasma**
- ▶ **Scar rejuvenation** , skin rejuvenation
- ▶ **Diagnosis, management** and long term follow up and assessment of leprosy and sexually transmitted disorders
- ▶ **Diagnosis, evaluation and management** of Dermatological emergencies like erythroderma, drug rash, and vesiculobullous disorders.
- ▶ **TEACHING EXPERIENCE:** for 3 years in teaching Junior Post Graduate residents , MBBS interns as well as MBBS students

## Publication

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- ▶ Rao SB, Bhat R. Sensitivity and resistance pattern of Propionibacterium acnes towards oral antibiotics and topical agents in acne vulgaris: an in vitro study (submitted to Clinical and Experimental Dermatology).

- ▶ Rao SB, Bhat R. A study on trans epidermal water loss in eczematous skin condition published in Indian Journal of applied Research
- ▶ Ali NM, Bhat R, Rao SB. Concurrent presentation of erythrodermic lichen planus and squamous cell carcinoma: Coincidence or malignant transformation? Indian J Dermatol 2015; 60:457-60.
- ▶ Bhat R, Rao SB. A case report on “Hypo-pigmented lesions over face and extremities with deformity in a 4 year old child” published in the book puzzling cases in pediatric dermatology by D.M Thappa.

## Awards & Achievements

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- ▶ State Rank Holder –2nd rank, Rajiv Gandhi University Of Health Sciences, Post-Graduation ( M.D- Dermatology, Venereology & Leprosy)
- ▶ Best outgoing – Dept. of dermatology , Father Muller Medical College , Mangalore
- ▶ Best thesis award – Sensitivity and resistance pattern of P. Acnes in acne vulgaris – in Mangalore Zone presented by Karavali Dermatology society
- ▶ Gold medalist in the subject of Surgery in final year M.B.B.S.
- ▶ Best Outgoing student – St Francis High school, Koramangala , Bangalore

## Other Activities

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- ▶ Part of the **organizing team of National conference** DERMACON-2015 held in Mangalore in February-2015
- ▶ Part of the **organizing team of activities and conferences** held by Karavali Dermatology society
- ▶ Part of **organizing team of workshops and conferences** held by Dept. of Dermatology, Father Muller Medical College, Mangalore

## Organizations Affiliated With

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- ▶ Indian Association of Dermatology , Venereology and Leprosy
- ▶ Karavali Dermatology Society

## References

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- ▶ Dr. Ramesh Bhat M,  
Professor and HOD,  
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- ▶ Dr. Jacintha Martis  
Professor,  
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